



असल छिमेकी नेपाल
ASAL CHHIMEKEE NEPAL

ACN

ANNUAL
REPORT
2018 - 19



The Social Initiative of Pokhara Christian Community

Ghalang Urban Health Unit, Gorkha



CONTENTS

Our vision, mission and values	1
Message from Chairman	2
Message from Executive Director	3
Achievement highlights of the year	4
Promotion of peaceful and Inclusive society	5
Inclusive and equitable quality education	7
Health	9
Nawajeewan Treatment and Rehabilitation for female drug and alcohol users	12
Support in formation of safe and sustainable communities	14
Recovery support to whirlwind survivors of Bara-Parsa	15
Disaster Resilience Assistance Programme	16
Private house reconstruction support project	16
Livelihood and health project	18
Rural clinic and urban health unit construction programme	20
Private house reconstruction support programme (for landslide affected)	22
Acronyms	24

OUR VISION

A transformed society where people enjoy fullness of life in harmony with God, each other and creation.

OUR MISSION

To demonstrate God's love by serving and empowering communities through a holistic and participatory approach, in order to improve livelihoods, health and equality for poor and marginalized people mainly in western Nepal.

OUR VALUES

A – Attitude

- We respect all and behave in humility
- We take care of God's creation

S - Sharing

- We share needs, resources and credit with each other

A - Action

- Putting faith in to action, we are proactive for sustainable solutions of problems

L - Love

- We enjoy God's love in Jesus Christ and our conduct is prompted by love

MESSAGE FROM CHAIRMAN

You are aware that Asal Chhimekee Nepal was established and registered in Kaski District Administration Office by Pokhara Christian Community in 2003 with the purpose to serving the poor and marginalized community. It is essential to have an improvement of the community in order to develop the nation. NGOs play an active role in minimization of superstition, discrimination based on caste, human trafficking, conspiracy against others, jealousy, corruption, etc. from the society and Asal Chhimekee Nepal is also moving forward with the very objective.



Asal Chhimekee Nepal has been working especially among very poor and backward communities of Kaski and Nawalparasi districts and contributing by immediate rescue along with awareness to the people who are affected by natural disasters in the districts that include Gorkha, Parbat, Parsa, and Bara. Asal Chhimekee Nepal has been playing very important role in rehabilitation of the female who are addicted to drugs/alcohol use, similarly, leadership and skill development of youth, and also distribution of immediate relief, resilience and reconstruction of the community that are affected by the disasters.

It is with the help of government and non-government organizations that we have succeeded to make this progress. Funding partners have trusted us. Similarly, I am grateful to the Church community for their prayers and mobilizing the volunteers, the staff for their hard work with honesty *and integrity*.

In the end, I would like to thank all the general and life-long members, executive committee members and advisors, Social Welfare Council, Nepal government, Pokhara Christian Community, Funding partners, likeminded organizations on this auspicious occasion of 17th year. I really appreciate the persistent hard work of Executive Director and all staff members of the organization. I expect for your continued love and support in future.

Bharat Bahadur Gurung

Chairman

MESSAGE FROM EXECUTIVE DIRECTOR

Dear supporters, government line agencies, beneficiaries, leaders of Pokhara Christian Community, colleagues and all well-wishers.

Finishing well is perhaps more important than starting a work. Through the cooperation we received from you all, it was possible to achieve our targets set for the year. There is so much to celebrate and be proud of as a result of our joint effort, especially the positive changes experienced in the lives of people we serve. There are also new lessons learned which will help us to do some things differently in the next stages of our projects and programmes.

I am very grateful to you all for your support, guidance and tireless effort. Thanks be to God who has always been faithful and the source of inspiration for us. I hope, this report 2018-19 will give you a snapshot picture of ACN's work. Should there be further interest in any particular areas, it will be our delight to do our best for this.



Rajendra Kumar Adhikari (Raju)

Executive Director

Achievement Highlights of the Year

Kaski and Nawalparasi districts

- 41 Self-Help Groups and 6 Children Clubs are running.
- 36 women involved in income generation (IG) activities by mobilizing revolving fund.
- 88 women received skill training and 140 women received small business management training.
- 220 women participated in adult literacy classes.
- 23 youth received skill training (beautician, commercial cooking and electrician).
- 33 hand pumps for drinking water installed and 30 toilets constructed.
- 22 female drug and alcohol users rehabilitated in their family and community.
- 955 benefited from free women's health camp.

Gorkha district

- 275 earthquake affected families received support in private house reconstruction.
- 2,286 benefited from Livelihood and health program.
- 2 rural clinic buildings constructed and 1 urban health unit building constructed. 1,295 households benefited.

Parbat district

- 22 landslide affected families received support in their house reconstruction.

Bara- Parsa district

- 117 windstorm affected received relief supplies, 318 parents participated in trauma healing orientation.
- 302 pregnant women and new mothers received hygiene kits and nutrition supplement packs, 578 students received school uniforms, 45 days children friendly spaces conducted.

1. Promotion of Peaceful and Inclusive Society

Working Area: Kaski and Nawalparasi districts

Target group: Marginalized communities and women

The program has been able to support communities to promote peaceful and inclusive society through reducing the social problems of the communities by empowering disadvantaged groups (caste, class, gender) in the community. The program works through the mobilization of self-help groups and children clubs. 41 self-help groups and 6 children clubs are running under this program. 36 women are involved in income generation activities by mobilizing revolving fund. A child protection committee formed with 25 members. This year we were able to organize a program on the occasion of Child Labor Day in which 424 people made commitments against child labor in their homes and workplaces.

Activity	Indicator	Target	Achievement
Kaski			
Identification and awareness of social issues	No. of Beneficiaries	300	292
Anti-human trafficking awareness program	No. of Beneficiaries	525	681
Training to child protection committee	No. of Beneficiaries	60	55
Leadership development and management training	No. of Beneficiaries	250	175
Skill training for women	No. of Beneficiaries	40	40
Small business management training	No. of Beneficiaries	50	50
Children Club (CC)	No. of Beneficiaries	4	4
Nawalparasi			
Leadership development and management training	No. of Beneficiaries	250	295
Skill training for women	No. of Beneficiaries	40	48
Small business management training	No. of Beneficiaries	80	90

Bishal started school again

Bishal Thapa Magar is an active member of a Child Club run by ACN in Pragati tole -7 Pokhara. He loves singing, dancing and acting and he participates in every weekly activity of the Child Club. He also worked as secretary of the executive committee of the Child Club. When the Child Club facilitator came to know that Bishal stopped participating in the Child club, he met with him and discovered that Bishal also left school as his family could not afford to send him to school or purchase necessary items for his studies.



Bishal receiving award for being regular in child club from Ward Chairman in Annual day of Child Club

The Child Club facilitator advised and encouraged Bishal to inform his school about his family's economic condition and to request the school for a scholarship. Then Bishal applied for a scholarship in his school. Fortunately, his school accepted his scholarship request and Bishal started going to school again with more energy and joy. He also started to attend the Child Club again and participate in weekly activities. Now, he is a chairman of his child club and actively involved in all Anti-Human Trafficking (AHT) activities.

Bishal regularly participates in the child club and encourages other friends for their participation. Bishal says "I have understood child rights, child labor, anti-human trafficking (AHT). I am aware about these issues and I will make others aware of these issues too. I am able to continue my studies only because of the encouragement and advice I received from the child club. I would like to express my gratitude to Asal Chhimekee Nepal for forming a child club in my community and providing opportunities to learn."

ACN runs four children clubs targeting children living in slum communities of Pokhara in Kaski district.

2. Inclusive and Equitable Quality Education

Working Area: Kaski and Nawalparasi district

Target Group: Marginalized communities, women and youth

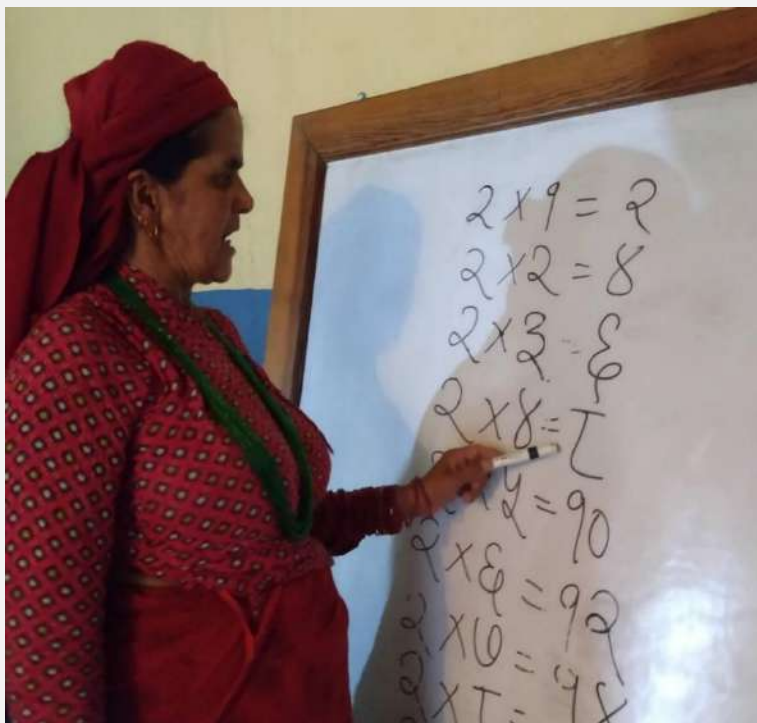
Inclusive and equitable quality education program is aiming to increase employment and entrepreneurship opportunities for young people and adults by providing technical and business skill training to them and providing literacy and numerical knowledge and skill to adults so that they can have quality lives.

Activity	Indicator	Kaski		Nawalparasi	
		Target	Achievement	Target	Achievement
Adult literacy: Teacher training	No. of Beneficiaries	10	14	15	19
Adult literacy	No of activities	2	2	9	9
	No. of Beneficiaries	40	40	180	180
Skill training for youths (commercial cooking, beautician and electrician)	No. of Beneficiaries	6	8	15	15

Joy of being able to read and write

I was 10 years old when I lost my parents. After that, I had to take care of my remaining family members. Though I did not have the opportunity to go to school myself, I managed to send my little brother to school and he completed his high school studies. I didn't want to get married, but my elder sister somehow convinced me to get married at an early age.

After marriage, I started to sell fruits and vegetables. I was happy that I was able to send my children to school and they completed their high school studies. In fifteen years of selling fruits and vegetables, I wished many times that I had basic mathematics knowledge and an ability to sign, read and write my own name because I was cheated by customers many times while returning cash. In the past I was also in difficult situations where I couldn't write, read or record my own phone number.



One day, my neighbor came to me and shared with me about the literacy class. She said that it was for people who had limitation to read and write. After listening to her I wanted to join the class. I stopped selling fruits and vegetables and joined the literacy class organized by Asal Chhimekee Nepal. Now, I have completed four months of literacy class. I learned Nepali and English alphabet, and numbers. Now, I can give my signature, read and write with some basic math knowledge. I can say my mobile number and note down others mobile number as well. Happiest thing in my life after adult literacy class is that I can teach Nepali and English alphabet and numbers (ABC & 123) to my grandchildren who are in the Montessori level. It makes me so happy.

I was able to achieve the first position in the exam after completion of four months literacy classes and we had a graduation program. My son shared my graduation picture on his Facebook and my many relatives and friends congratulated me which made me so happy and confident. I am very grateful to my teacher for helping me and guiding me at my own pace to learn. I would like to thank Asal Chhimekee Nepal for providing this opportunity.

3. Health

Working Area: Kaski and Nawalparasi district

Target Group: Marginalized communities and women

To promote a healthy life, based on community needs and requests, the program conducts various health awareness programs (especially women focused), sanitation and hygiene awareness, safe drinking water and toilet use and treatment/rehabilitation program for female drug and alcohol users.

Activity	Indicator	Target	Achievement
Kaski			
Health awareness- safe motherhood (nutrition and birth preparedness)	No. of Beneficiaries	300	391
Awareness on National Health Insurance	No. of Beneficiaries	125	132
Nawalparasi			
Drinking water plan: maintenance/ improvement	No of activities	33	33
	No. of Beneficiaries	297	322
Toilet plan: maintenance/improvement	No of activities	30	30
	No. of Beneficiaries	150	156
Sanitation and hygiene awareness	No. of Beneficiaries	750	766
WASH camp	No. of Beneficiaries	300	350

Birth preparedness class for safe motherhood

33 year old Sonu Thapa Magar lives on the banks of the Seti River in Hemja-25, Pokhara. She sells sand from the river as her livelihood. Selling sand is the main source of income of her neighborhood. There are six members in her family. Her husband is working abroad as a migrant worker.

Sonu was one of the participants of birth preparedness classes organized by Asal Chhimekee Nepal. At that time she had two children and she was pregnant again.

Sonu shared that "In birth preparedness classes, I learnt about National health insurance, sanitation, hygiene and birth preparedness. After taking the classes, I started to save money for my delivery and children. During the time of my delivery there were complications and I had to have an operation, so the expense increased. That time I used my savings. Saving money helped me during my delivery to be able to receive the needed operation immediately and pay for all the medical expenses. In addition to saving money, I gained extra knowledge on how to take care of my baby and myself like what to eat, when/how and good hygiene. I applied my knowledge. So that, I and my baby, we both are healthy. Because of knowledge that I received from birth preparedness classes, I did not have the troubles I faced during and after my previous delivery. I would like to thank Asal Chhimekee Nepal for organizing birth preparedness classes in my neighborhood."



No more struggle for water

Every summer, women of Setapani, Nawalparasi struggled daily to collect enough water. Due to poverty, 12 households of Setapani village could not afford to install a water tap so they shared a common well. The only nearby source of well water became dry and during summer only 4 to 5 buckets of water were available in a day. So, whoever reached the well first could collect water and all the other families had to walk 30 minutes to reach another well to collect water. Because of this situation, one member of each family took responsibility to collect water. Women are responsible to collect water. So women were struggling daily to collect water.



Gita Pulami shared 'We heard about Asal Chhimekee Nepal (ACN) working in our neighboring village with women and that ACN supported them to build a well. Then we decided to form a group so that we can ask for water well. We formed a Self Help Group called Unnati (prosperity) with the help of Asal Chhimekee Nepal and ACN was willing to help us to build a water well but told us that we needed to contribute towards it and we needed to dig the hole for the well. We agreed to do this but there was a problem because most of the men in our village are in foreign employment and others have to travel for work to earn money for the family. We could not find men to dig the well. As we were struggling so much for water, we could not wait for our brothers to be able to dig the well for us, so we women started to dig well by ourselves. Finally, we were able to dig a 40 feet deep well!'

Tika Thanet shared, "If we had kept waiting for our brothers to dig a well for us then we could not build the well. We formed a group to dig the well and succeeded to build well in our community. Now, we do not need to worry about who will reach first to the well and don't need to walk 30 minutes each way to collect water. Before this, women used to quarrel if they were not able to get water so there was not a good bond among the community women but now women are cooperating with each other, helping neighbors in their need, cleaning their own surroundings and learning together for community development. Even those women who do not fetch water from this well also joined with us to help us to dig this well'.

Deukumari Mahoto (Facilitator of Self-help group) shared "Asal Chhimekee Nepal continuously visited us and helped us to organize the self-help group meetings. Though we initially formed this group with a main interest to build a water well, after regularly participating in self-help group meetings, we now understand many other benefits of self-help group. We used to think that women can only look after the house and children, but now we are working together in community development and helping to make our community a better place".

Nawajeewan Treatment and Rehabilitation for Female Drug and Alcohol Users

Working Area: Kaski district (For all Nepali women)

Target Group: Marginalized communities and women

Nawajeewan treatment and rehabilitation program is for female drug and alcohol users. Since 2003 Nawajeewan has been working among female drug and alcohol users. Women can come to our residential centre from any district of Nepal and clients from abroad have also been accepted. So far, 172 drug and alcohol users have been admitted and 113 clients have overcome their addiction and been rehabilitated in their family and community. After treatment, clients confidence and capacity increase and clients interpersonal relationships improve, so clients are able to successfully resume their life, education and work. Clients families also very positive after counselling on causes of drug and alcohol addiction, have followed advice and coordinate with us in their treatment and rehabilitation. Now, families are aware about reducing long-term effects of drug and alcohol on their family members for their better future.

Activity	Achievement	Activity	Achievement
Residential programme		Outreach Programme	
Client admission	30	Counselling and monitoring of new and old clients during outreach	184
Client completed three months of treatment	14	Family meeting, counselling and get-together	213
Rehabilitated client	22	Client get-together program	55
Client observation visit	30	Teenagers drug and alcohol abuse awareness program	374
Employment for rehabilitated client	3	Drug and alcohol abuse awareness program among mother groups, children club and NGOs women	332
Literacy class for client and education support for client	12	Interaction program on drug and alcohol abuse among women	122
Health check-up	442	Alcohol anonymous meeting for client	35
Psychosocial counselling	380	Outreach meeting and counselling in Nawalparasi	62
Handicraft and skill learning	262	Awareness program on drug and alcohol abuse among teenagers and women in Nawalparasi	472
Literacy class	175		
Education support to client children	9		

Encouraged to live again

My name is Ishmarika Pariyar (changed name), 18 years old from Pokhara. There are seven members in my family. My father used to work as a builder, but he went abroad for foreign employment. My mother worked as a laborer. After eighth grade I left school and started to work. I learned to smoke with my friends. Smoking was fine to me because many of my neighbors used to drink and gamble. But when my family came to know about my smoking habit, they stopped me from going to work. I was in so much anger, I started to drink and took some drugs (Nitrogen, Tramadol etc.) with money that I had earned. I keep drinking and using drugs as my friends brought them for me. I became completely lost in drink and drugs. One time, I went to my friends place and came home after three days. That time my brothers beat me very badly, they even cut my hair completely so that I could not go to outside from the house. In this way my relationship with my family was broken.



One day my family heard about Nawajeewan Treatment and Rehabilitation Center from one of our neighbors. My family admitted me in the center. In the rehab center, there was no chance to take any drugs or smoke. Many times I had big cravings. So initially I felt it was very difficult to stay in the center, but slowly I became comfortable. I found many friends like me who were struggling with addiction. I started to take part in all the activities in the center and to open myself up. There were health checkups, counselling and skill training facilities in the center. I have completed three months tailoring training. Slowly I have become able to identify my bad behaviors and habits and encouraged to overcome my addiction and I did.

Nawajeewan financially supported me to continue my studies to complete grade 8 and 9 studies. When my family were not able to pay for my treatment in the center, Nawajeewan still supported me. In addition, they provided counselling to my family about my situation so that, later, my relationship with my family improved and they loved me like they did before I started taking drugs.

I have now completed two years without any addiction. I am working in a guesthouse and supporting my family financially. I want to do more good work in future. I am very grateful to my family, Nawajeewan and ACN for helping me to overcome my addiction and encouraging me to live my life well.

4. Support in Formation of Safe and Sustainable Communities

Working Area: Kaski and Nawalparasi districts

Target Group: Marginalized communities and women

This program is working with communities by creating awareness and enabling communities on disaster risk reduction and disaster management through various trainings for safe and sustainable communities. In addition, organizing free womens health camps by targeting marginalized communities to improve their health status and to provide counselling.

Activity	Indicator	Kaski		Nawalparasi	
		Target	Achievement	Target	Achievement
Disaster Risk Reduction (DRR)	No. of Beneficiaries	200	215	200	325
Relief distribution to disaster survivors	No. of Beneficiaries	50	75	-	-
Distribution of water purifier to disaster survivors	No. of Beneficiaries	125	250	-	-
Womens health camp	No. of Beneficiaries	400	434	400	521
Trauma healing training	No. of Beneficiaries	200	226	200	210
Observation visit	No. of Beneficiaries	20	-	25	32
Volunteer mobilization	No. of Beneficiaries	100	150	25	15

Recovery Support to Whirlwind Survivors of Bara-Parsa

Working Area: Bara and Parsa district

Target Group: Windstorm affected community

On 31st March 2019, Bara and Parsa the southern districts of central Nepal suffered from heavy rainstorms and winds. Death toll reached up to 27, more than 450 people were injured and 2,500 families were affected. ACN/ PCC reached to the affected communities to assess the situation. ACN provided cooking gas cylinder with a stove as they had no cooking gas stove or any fuel to cook food. In addition, ACN discovered 5 storm affected Dalit (low caste) families who had been left out in the initial relief distribution by others. After distribution of initial relief materials ACN organized trauma healing trainings for teachers, orientation on trauma healing for parents, distributed school uniforms to children. Hygiene kits and nutrition supplement packs for new mothers and pregnant women were also distributed. To help children recover from their trauma and fears of storm, 45 days children friendly spaces (CFS) were also conducted.

Activity	Achievement
Distribution of Gas stove with a cylinder	112 HHs
Distribution of food, non-food items and gas stove with a cylinder	5 HHs
Two-day Trauma healing training for teachers	25 teachers
Orientation on trauma healing program for parents	318 parents
Distribution of hygiene kits and nutrition supplement packets to pregnant women and new mothers	302 women
Distribution of school uniforms	578 (245 boys, 333 girls)
Children friendly space (CFS)	4 CFS classes, 433 (260 boys, 173 girls)

5. Disaster Resilience Assistance Programme (DRAP)

5.1 Private House Reconstruction Support

Working Area: Gorkha district

Target group: Earthquake affected community

In the Nepal earthquake of 2015, in Gorkha district, more than 60,000 private houses were completely damaged. ACN's 'Private house reconstruction support' project was completed by providing construction materials, social and technical support to marginalized and vulnerable families (single women and men, old age, disabled and poor) of Siranchowk and Gandaki rural municipalities of Gorkha for reconstruction of collapsed houses. The program selected beneficiaries in coordination with the National Reconstruction Authority (NRA), ward office and rural municipality office of Gorkha. The program provided construction materials (cement, rod, zinc sheets and plain sheets) equal to 60,000 and transportation and food items equal to 10,500. In addition, ACN also appointed social mobilizers and engineer in four ward offices of Gorkha for technical and social support to complete the reconstruction work. Lack of skilled manpower, construction materials, high demand of construction, geographical difficulties and muddy roadways were some of the challenges faced by the projects. Despite the above-mentioned challenges, ACN was able to support and handed over 275 reconstructed houses to the families.

Activity	Target	Achievement
Distribution of food items	250 HHs	250 HHs
Private house reconstruction support	250 HHs	275 HHs

Now my family has no fear

"Despite doing well in my studies, I had to leave school because I couldn't manage to get the money to buy stationary. I went abroad for work to Qatar without having sound knowledge of the job or skills that I needed. I was cheated and had to return home with empty hands. I am now working as a labourer in different places of Nepal and my wife is raising some goats at the farm.

In the midst of problems, my baby had to get admitted to the ICU. Soon afterwards, my daughter broke her hand and had to hospitalize. I also have Asthma problem. My difficulties were amplified when the earthquake smashed my house and took everything I had. Then, we had to live in a temporary shelter made by CGI sheet. While we were living in the temporary shelter, many times snakes entered the shelter and once a snake approached very near to my daughter who was sleeping, but fortunately it didn't harm my daughter. After that incident, I was so much worried about the safety of my family. I wanted to shift them into a safe house but that was like a dream to me. I also asked for help from my parents and younger brother to reconstruct my house, but they could not support me due to their own problems. I tried many ways to reconstruct my house, but I failed. Monsoon was approaching and it made me worried because I was still thinking about the safety of my family.

In the meantime, ACN staff came to my house with an offer to help reconstruct my house if I was eligible to receive the help. Fortunately, I was selected. They also helped me to get government subsidies to reconstruct my house. I have reconstructed my house with the material supported by ACN. Now, we have moved into a newly reconstructed house. My family and I are safe. Thank you ACN!



5.2 Livelihood and Health

Working Area: Gorkha district

Target group: Earthquake affected community

This project was intended for 2015 earthquake survivors of Gorkha to restore and enhance their livelihood and health status. The project conducted various community-based livelihood skill trainings in Siranchowk and Gandaki rural municipalities of Gorkha. Cash crop training and modern bee keeping training provided with seed support, beehive and free animal health camp were also conducted. Free womens and childrens health camps and female community health volunteer training was provided for health. 2,286 families were directly benefited by the project in 2018/2019 fiscal year.

Activity	Target	Achievement
House wiring training	50 people	55 people
Plumbing training	10 people	13 people
Bee keeping training and bee hive distribution	100 HHs	100 HHs
Cash crop training and seed distribution	130 HHs	145 HHs
Women and children health camp	800 HHs	1,266 people
Female community health volunteer training	27 people	24 people
Animal health camp	7000 livestock (600 HHs)	8968 livestock (683 HHs)

Joy of being a skilled person

Sanjiv Regmi, 27 lives in Gorkha district. There are four members in his family. His family income source is mainly farming. Even though he and his family work hard in their farming land, farm production only provides enough to support the family for six months a year. His father works as a daily labourer to earn income to meet family needs for the remaining six months. As Sanjiv is an elder son of his parents, he does not like his father having to work in day labor which is very hard work. He used to think that after finishing school he would begin work and help to support the family financially. So, after completion of 12-grade education he tried to find a job but sadly he could not get any job opportunities. Although he had 12-grade education, he had no work experience or professional skill and he acknowledged that this was the main reason for his unemployment.



One day he received information from the ward office that Asal Chhimekee Nepal was going to provide house wiring training (electrician). He showed his interest and he was selected for the training. He completed the training and passed the A level certificate in house wiring from CTEVT. He was very happy and hopeful towards the future, hoping that he could now get a job. When he returned home after training, he was called by an electric shop near to his house to work for that shop as a technician. He is so happy and enthusiastic in his work. His parents were even happier when he did all the house wiring work of his own house which has recently been reconstructed after the massive earthquake of 2015. Nowadays he is getting orders to do house wiring.

Sanjiv says "I am very thankful to ACN for providing me with house wiring training. Now I am a skilled person and there are many working opportunities in this field so I can support my family financially." He added that, "I am planning to attend the second level exam in house wiring and very much confident that I will pass that exam".

6. Rural Clinic and Urban Health Unit Building Construction Programme

Working Area: Gorkha district

Target group: Earthquake affected community

Due to geographical difficulties and lack of good roads, it is difficult for many villagers to access basic health facilities, especially preventative and promotive services. Therefore, to increase access to basic primary health services, the Nepal government initiated rural clinics where health personnel of the respective ward office visit the community for two days every month for some basic health services including family planning, safe motherhood, general treatment, child health, first-aid, health education and counselling. Simle and Jarewar rural clinics were providing these services without any building. Similarly, Ghalang urban health unit did not have their own building and was providing services from a community building which was very small. Due to lack of building, health personnel and community people faced difficulties. In this context, ACN constructed buildings for Simle and Jarewar rural clinics and Ghalang urban health unit in coordination with the rural municipality with the support from various funding partners and handed the buildings over to the community. In addition to earthquake resistant and disability friendly building, ACN provided some basic furniture and materials to setup the rural clinics and community health unit.

As the government health post is a long distance away, Siranchowk rural municipality planned to run rural clinics, arranging health personnel after construction of rural clinic buildings and financially contributed in the construction of rural clinics. Ghalang Urban Health Unit has started providing services to the community. All the community people are very happy with the newly constructed rural clinics and community health unit building as they don't have to face difficulties to access basic health services. Since they don't need to travel a long distance to the health post for basic health services now, their time and money is also saved.

Name of constructed building	No. of beneficiaries
Simle rural clinic building	345 HHs
Jarewar rural clinic building	350 HHs
Ghalang Health Unit building	600 HHs
Total	1,295 HHs

Dream of a healthy community

Anu Gurung, 26 years old, lives in Gorkha, ward no. 7, Simle (earthquake affected). There are 4 members in her family. She runs a small grocery shop which is near to the newly constructed rural clinic building. She used to live in Kathmandu with her family. After the earthquake, she came back to her village with her family. She was doing well running a grocery shop in Kathmandu. But, after the earthquake, her husband decided to go back to their village (Gorkha) to take care of parents. At first, she was very anxious and sad to go back to the village. She said, "I was not willing to go back to the village but I had no option at that time. I cannot deny my husband's decision. So, we moved to Simle village. I found it very hard to adjust in the village environment. I was distressed even more when there was no hospital or medical shop nearby. Even the health post was a long distance away", she said.



When Anu heard that Asal Chhimekee Nepal planned to support construction of a rural clinic building in her village, she was not sure that this would really happen in her village. She thought that this organization (ACN) would probably come, stay for some time and go back like other organizations; she could not believe it would actually do something useful. As ACN started construction of rural clinic building and handed over to the community, Anu was just amazed with seeing the newly constructed building in her village. She shared 'this organization touched my heart'. She also said, "Currently I am running my grocery shop near the newly constructed rural clinic. I am very busy as I used to be before."



I was very sad before to come back to this place but when I realized that an organization like ACN is working for the earthquake affected people, I cried loudly in my heart. I feel embarrassed that I hesitated to come to my own village when other outsiders come to us to support us. Now I have a hope and dream of a healthy community", she said

7. Private House Reconstruction Support Programme- Parbat (for landslide survivors)

Working Area: Parbat district

Target group: Landslide affected community

Heavy monsoon rains in July 2018 triggered landslides in Jaljala Rural Municipality of Parbat district. 21 families were displaced. ACN/ PCC responded with immediate relief supplies and school uniforms distributed to the affected children. After relief distribution, ACN came to know that the affected families came from very poor economic backgrounds and most of them belonged to low caste group. Being low caste, they faced difficulties to rent rooms as landlords did not want to rent to low caste people.

In order to support the affected families, ACN initiated a project called 'Private House Reconstruction Support programme-Parbat' to provide construction materials and technical support in coordination with Jaljala rural municipality and affected families. On 30th July 2019, ACN handed over **22** reconstructed houses in the presence of the Minister of Physical Infrastructure Development, Gandaki Province and other government representatives and community people.



Beneficiaries group photo after Handover program



Reconstructed house after color painting

Dream of constructing own house fulfilled

My name is Santu Damini from Parbat. I am living with my two daughters separately from my husband because of his several marriages (he has 3 wives). I have no education, so I do labor work to earn my living. I was not able to send my daughters to a good school (boarding school), however they go to the nearby government school so that their lives will not be like mine. We always struggle for enough income to provide our basic needs. My daughters also do labor work during school holidays so that they can buy stationery items. This reduces my stress for their school expenses to some extent and I am overwhelmed with my daughters' hard work. We were living a struggling life by compromising our needs and priorities. I was always worried thinking about my daughters education and their future. On July 2018, a landslide swept away my house. The landslide took away my house, land, belongings and everything which we had. I had no place to stay but I needed somewhere to live for my daughters. I started to search for a room to rent. Being low caste I faced difficulties to find a room to rent as landlord did not want rent house to low caste people.



In this context, ACN came with the support to build houses for landslide affected families like us who were unable to rebuild their houses again. If I had not received support from ACN then it would have been impossible to build my house again.

After the landslide, I had a dream to rebuild my house but it was only a dream; I did not think it would happen because of my financial struggles. With the completion of my house reconstruction, my happiness is inexpressible. I am so happy I now have a house to live in, although still I have the fear of another landslide like the one which shattered my life last year. My daughters are very good in their studies and work hard in their studies and they want to be social workers in future to serve needy and poor families like ACN did to us. By listening to them, I felt so happy because ACN not only helped us to reconstruct our house but also gave future dream and goal for my daughters. I will never forget ACN who helped me when my life was shattered. We are always grateful to ACN.

ACRONYMS

ACN- Asal Chhimekee Nepal

AHT- Anti-Human Trafficking

CC- Children Club

PCC- Pokhara Christian Community

CHT- Combat Human Trafficking

CFS - Children Friendly Space

DRAP - Disaster Resilience Assistance Program

DRR - Disaster Risk Reduction

FCHVs - Female Community Health Volunteers

IG - Income Generation

INFN - International Nepal Fellowship Nepal

HHs- Households

NRA - National Reconstruction Authority

SHGs - Self Help Group

WASH – Water and Sanitation and Hygiene

SHGs meeting in Nawalparasi



Asal Chhimekee Nepal
P.O. Box 263
Simpani -1 Pokhara
+977 61 525516, 534159
info@acn.org.np



असल छिमेकी नेपाल
ASAL CHHIMEKEE NEPAL