



असल छिमेकी नेपाल
Asal Chhimekee Nepal

NEWSLETTER JUNE 2019



ISSUE 2

From Executive Director:

Bear one another's burdens, and so fulfill the law of Christ (Gal 6:2 ESV)

In the journey of geese they fly in a 'v' shape to make their journey fast. When a goose gets sick or injured there are 2 or more geese leave the flight to look after the sick and wait there until it gets well or die. Only then, they take off for journey.

God has a purpose for each of us to be in this place and situation and at this moment. We serve the purpose not by alone but complementing each other's gifts and talents. It is not a sole company and is far more than a partnership based on the 50/50 share. Bearing one another's burden is an act of LOVE that Jesus lived out and taught us to do so. They are our spouse, children, brothers and sisters in our own families, relatives, colleagues at work, people in the church, poor and oppressed in our society and our friends who are suffering and burdened in one or other way. Bearing on another's burden may mean to really pray, convey the words of encouragement, sharing what we have, holding hands and comforting supporting in some way and sometimes even walking together in the valleys of sorrow. Bearing burden of one another is a privilege that we only do in this world. Let's be aware and be committed to bear one another's burden and live out God's love, by doing this let's fulfil His desire for us.

Disaster Response

Bara Parsa windstorm response

A violent windstorm and rain hit Bara and Parsa, two southern districts in central Nepal on 31 May 2019. This windstorm is the first ever recorded Tornado in Nepal. The intensity of the wind was so strong that it even uprooted trees, overturned trucks and blew away many houses. Death toll reached up to 35 and more than 600 people were injured. ACN/PCC reached storm affected families with immediate supplies in coordination with Bara Christian Community, local community, local & central government. After situation analysis and need assessment, ACN carried out its response in two phases in Suwarna Rural Municipality, Bara district.



Relief phase – Emergency relief supplies were distributed

ACN provided cooking gas cylinder with a burner (stove) to 112 affected families as they were lacking equipment to cook food. In addition, 5 storm affected 'Dalit' (low-caste) families were discovered to have been left out of the initial relief distribution. ACN provided food items, gas cylinder and stove, tarpaulin, mattress, and mosquito net as they were lacking basic materials to cook food and continue their living.

Recovery support phase

In this phase, ACN conducted Trauma healing training for teachers and orientation programmes on trauma healing among parents so they can help their children to recover from the trauma of the storm. 45 days Child Friendly Space (CFS) for affected children was conducted in different places. Baby kits with nutrition supplement packs were distributed to pregnant women and new mothers. School uniforms were distributed to children.

112 Affected families received a gas stove with a gas cylinder, **5** families received food and non-food items along with a gas stove with a gas cylinder

25 Teachers participated in Trauma Healing Training

318 parents participated in Trauma healing orientation program

302 Pregnant and new mother received baby kits with nutrition supplements packs

554 Students received a school uniform

45 Days Child-friendly space conducted in three different places for affected children





Urban clinic and two rural clinic buildings handover

Nepal is divided into three main geographical regions: Himalaya (mountain), hilly and Terai (flat plains). The Terai occupies only 17 percent of total land area and 83 percent of Nepal is covered by hills and mountains. Due to this situation, many villages lack basic infrastructure and access to good roadways making it difficult for villages to access basic facilities. Provision of basic health services, especially preventive and promotive services has been very limited in rural Nepal. Therefore to increase access in basic primary health service closer to the community, Primary Health Care Rural Clinic service was initiated and established in 1994. The aim of the urban and rural clinic is to improve access to some basic health services including family planning, safe motherhood, general treatment, child health, first-aid, health education, and counselling.

Simle and Jarewar rural clinics and Ghalang urban clinic operated their services from different places (i.e. under a tree, individual person's house or community house) as they had no buildings for clinics. Nepal earthquake of 2015 caused extensive damage to many public buildings and still, many health posts of rural villages are struggling to resume their full health service. In this context ACN has been able to mobilize its resources to contribute towards prompt full resumption of health service facilities in remote villages of Gorkha district.

On 16th April 2019, ACN handed over two rural clinic buildings to the local government of Siranchowk Rural Municipality, Gorkha. Two-roomed newly constructed Simle Rural Clinic and Jarebar Rural Clinic were jointly inaugurated by the Ward Chairperson Mr. Raju Gurung and ACN Chairperson Mr. Bharat Bahadur Gurung. Both rural clinics are set to serve 600 households of Siranchowk Rural Municipality, Gorkha district.

On 1st July 2019, a newly constructed six-roomed Ghalang urban clinic building was inaugurated by the chief guest, Minister of Physical Infrastructure Development of Gandaki province, Honourable Ramsaran Basnet and was handed over to Ghalang rural municipality, Gorkha. This urban clinic will serve 700 households of Gorkha Municipality, Gorkha district. In addition to earthquake resistant, gender and disable-friendly CGI roofed building, ACN also provided necessary furniture and medicine.

Sanu Maya

Sanu Maya Basnet from Jarewar-5, Gorkha expressed her joy for Jarewar Rural Clinic building. She shared that 'before Nepal earthquake of 2015, Jarewar Rural Clinic operated its services from individual houses. When Nepal was hit by devastating earthquake in 2015, many houses of villagers collapsed so we had no place to operate the rural clinic. As a result Jarewar Rural Clinic operated from under the tree (Chautara). In open space, women were not comfortable for check-ups and physical examinations. I am very happy with this new building of Jarewar rural clinic where we have toilet also. We would like to thank Asal Chhimekee Nepal who understood our problems and helped us by constructing the Jarewar Rural Clinic building'.



Basic Female Community Health Volunteer Refresher Training

A three day Basic Female Community Health Volunteer Refresher Training was conducted in Pokhara, Kaski from 26th-28th May 2019. 24 Female Community Health Volunteers (FCHVs) from two rural municipalities of Gorkha district participated in the training. The training went well. The major role of the FCHVs is to advocate healthy behaviour of mothers and community people to promote safe motherhood, child health, family planning, and other community-based health promotion and service delivery.



House Wiring Training

ACN organized one month house wiring training at Pokhara Polytechnic Institute, Pvt. Ltd, Lamachaur Rd, Pokhara. 28 young men from Gorkha completed the training. The training went well. All the participants passed the A level certificate in house wiring from CTEVT. The participants shared their learning experience and confidence level to work independently and support their livelihood during graduation ceremony which was held on 24 July 2019. All the participants seem very hopeful for employment opportunity in the future. In addition participants received a tool bag with eleven different type of tools.



Women's Health Camp

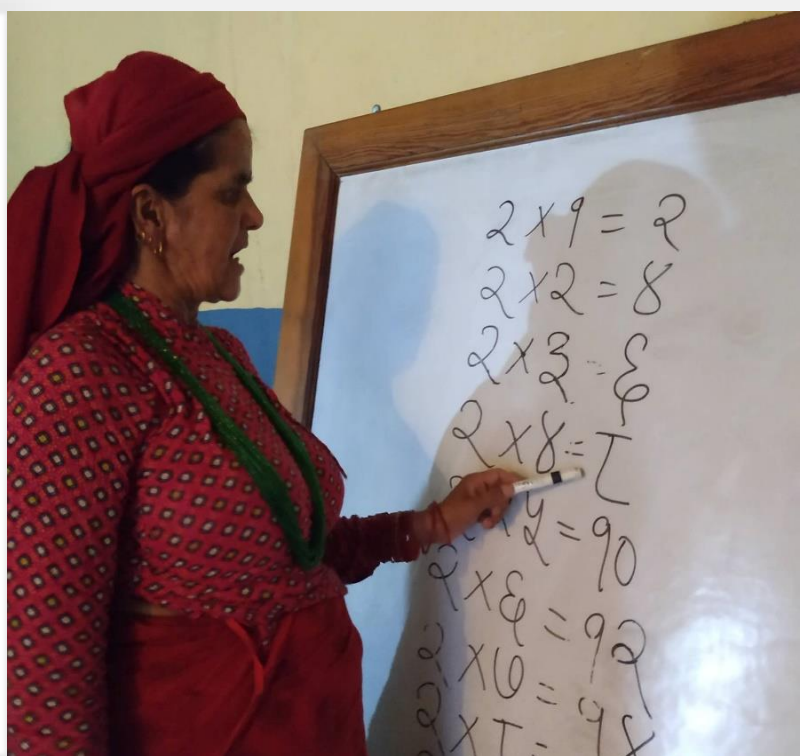
ACN organized free health camps with the objective of providing health care to poor and disadvantaged people who can't afford to visit hospitals including the basic medicines required for an early recovery with medical counselling.

ACN organized a two-day free health camp in Bhujawa, Sarawal-6, Nawalparasi from 7th to 8th April 2019 in coordination with Sarawal Health Post and one-day free women health camp in Nagidar, Kaski on 11 April 2019 in coordination with Christiya Ramghat church, Pokhara. A Gynecologist with nurses, paramedical personnel, FCHVs, and ACN staff delivered the service at the camp. Though it was a women's health camp, elderly men and children also came for check-up. 527 people benefited in Nawalparasi and 236 benefited in Gorkha district.

ACN also conducted a two-day free women and children health camp in Ghyalchok - 7, Gorkha from 7 to 8 June 2019. Three specialist doctors, nine volunteers and ACN staff delivered the service at the camp. 336 people benefited.

Adult literacy Class

9 adult literacy classes were conducted in Nawalparasi and 2 in Kaski. ACN mobilized 11 facilitators to run four month literacy classes. The objective of Adult literacy class is to help those women who have never been to school and had bitter experience of being cheated and humiliated by not being able to count, sign and read. 180 women in Nawalparasi and 40 women in Kaski participated in adult literacy classes in the evening. Due to the long duration of classes, some women were not able to continue and complete four months. 138 women from Nawalparasi and 23 women from Kaski graduated after completion of four months adult literacy class. In graduation program, women expressed their joy of being able to count, sign, read and write. It was a great joy for ACN.



Disaster Risk Reduction Training

ACN organized two days training on disaster risk reduction in Kaskikot-24, Kaski from 23 to 24 April 2019 in coordination with Nepal Red Cross society, Pokhara. The objective of the training was to deliver knowledge and practical skills on risk reduction of disaster during disaster period and disaster preparedness. Earthquake, fire and flood disasters are covered in the training. 46 women and 17 men participated in the training. The training went well and at the end, participants shared that they find training useful in disaster preparedness and for future disaster.



Commercial Cooking Training

ACN organized three month commercial cooking training for two young men and one woman at Kantipur Hotel Training Center, Pokhara. On 14 June 2019, all three participants graduated after the completion of the training. Participants shared their learning experience and thanked the training center and Asal Chhimekee Nepal in the graduation program. Participants also shared that they are hopeful for future employment opportunity or self-employment.



Celebration of World Day Against Child Labour

On this occasion, ACN organized a door to door event with the mobilization of Childrens clubs. We reached three different places (wards) in Pokhara with the commitment forms that 'My House and workplace is free from Child Labour'. In this program we approached individual houses, shared on child labour and took commitment from them that their house and workplace will be free from Child Labour. The program went well. ACN shared about child labour in 384 households. It was an effort to reduce child labour by creating awareness.



Celebration of International Day Against Drug abuse and illicit trafficking

On the occasion of International Day against drug abuse and illicit trafficking, a door to door event for awareness raising on ill effects of drug and alcohol abuse was conducted in a slum community Bagar-1, Kaski in coordination with Bagar police. NawaJeevan reached 108 households. On 26 June 2019 (32th International Day Against Drug abuse and illicit trafficking), ACN also participated in an awareness rally organized by District police office, Kaski.





Donor visit

On 9 June 2019 John Reynolds, the CEO of INF UK visited the ACN central office and had a meeting with ACN staffs and shared on INF UK. Mr. John also visited Parbat for Private house reconstruction support project – landslide survivors and Gorkha for Jarewar rural clinic for observation of ACN work



असल छिमेकी नेपाल
Asal Chhimekee Nepal

PO Box 263, Pokhara, Nepal
Phone: 977 61-534159, +977 61-525516

info.acn@org.np
www.acn.org.np

"Together we can make a difference"

