



असल छिमेकी नेपाल
ASAL CHHIMEKEE NEPAL

ACN News

March ,2019

Issue 1

MESSAGE FROM EXECUTIVE DIRECTOR :

“ You are salt of the earth and light of the world (Mat. 5:13 -14) ”

Jesus here is metaphorically stressing the quality of life of His followers. Salt is not salt without saltiness and light is not light without light. Salt is the product of the highly reactive chemical element called sodium and another element called chlorine which is a smelly toxic gas that irritates our body. Salt is used mainly for taste and to preserve things from rotting and it has the ability to dissolve. Only by tasting it (effect), we know whether things contain salt or not. Whereas, light has the ability to overcome the darkness and to provide visibility to the surroundings so that we can make right decisions. We, too with Jesus, become salt and light for this world. Later verses, Jesus says that our good works are like light and people can see it and praise God the Father in heaven. It is important to examine ourselves to see if we are bearing those important characteristics of salt and light preserving lives, providing hope to them and direction in the darkness that people are struggling with. Let 's have desire to become more salt and light in our daily lives. ACN is the collaborative effort of Pokhara Christian Community to leave the meaning of these examples with the desire to see the lives of the people and communities we serve are positively transformed.

EVENTS

Closing Ceremony of 2015 - 2019 Gorkha Earthquake Response Programme and Social Audit 2018/19

On 22nd February 2019, ACN conducted a joint programme for the closing ceremony of the 2015 Gorkha Earthquake Response Programme (Disaster Resilience Assistance Programme) and 2018/19 Social Audit. The Program was inaugurated by the chief guest, Honourable Minister Ramsaran Basnet from the Ministry of Physical Infrastructure. There was significant participation from national, district and local level government officials, beneficiary representatives, media and Pokhara Christian Community.

2018/19 Social Audit was ACNs 5th Social Audit and was facilitated by representatives of Radio Gorkha - Mr. Narhari Sapkota and Mr Bikash Marhattha.



The highlights of the Gorkha Earthquake 2015 Response Programme were presented at the ceremony.

60,000 people received emergency relief packages
3,486 people benefited through winterization programme
5 earthquake resistant and disable friendly health posts were reconstructed
4 earthquake resistant, child and disable friendly schools were reconstructed
1 earthquake resistant and disable friendly Municipality office (VDCs office) was reconstructed

271 households received support for house reconstruction
325 local masons were trained in earthquake resilient construction techniques
50 men received one month certified house wiring training
50 men received one month certified plumbing training
2,000 volunteers were mobilized throughout the programme period
5,667 people benefited through livelihood and health project

ACN was highly appreciated for its contribution in response to 2015 Earthquake by the affected communities, government officials and other stakeholders.

We would like to thank all government agencies, supporters, donor agencies, volunteers, contractors, staff, PCC and communities for their generosity, involvement, encouragement, prayer and coordination. This made it possible for us to complete over 3 year's service in Gorkha for 2015 Earthquake Survivors with long term impact for the local community..

ANNUAL PICNIC 2019

On 30 th January 2019, ACN enjoyed a picnic with staff, their families, Board members and General board members in " Jamunbot " Pokhara. This was a great time of fun, relaxation and refreshment together after much hard work.



स्वास्थ्य **SWC Monitoring visit**

Final monitoring and evaluation of the Gorkha Reconstruction Project was conducted by government Social Welfare Council (SWC) officials from 1 to 4 February 2019. The monitoring started by visiting the Gorkha Health office and Education office to verify the coordination with local government authorities. SWC officials visited various Project areas of ACN and had direct interaction with local community people and local government agencies who informed SWC officials about the activities of ACN in their area. After visiting field and local government offices, the team visited the ACN office and discussed with Executive Committee members about governance of the projects being carried out by ACN. ACN's policies and other relevant documents were also studied during the visit



WORK UPDATES

Adult Literacy

Five day training on Adult Literacy Teacher was conducted from 7 to 11 January 2019 in the ACN office. 12 young women participated from six self-help groups of Kaski district. The objective of the training was to build capacity of teachers for the Adult Literacy Programme. The participants were very enthusiastic to learn during the training. At the end of training, participants shared that the training was very helpful to build their confidence level and they were looking forward to applying their learning in Adult Literacy classes.





Two- Day Fruit Jam Making Training

ACN is promoting women in micro business and entrepreneurship through various skill trainings to become self-dependent. We conducted two days training on Fruit Jam Making among 20 women of 2 self-help groups from Kaski district on 20 to 21 February 2019. Participants learned to make fruit jam and were very happy to learn this new skill because now they can make fruit jam at their home for their families and also be able to earn some money by selling fruit jam. Participants are confident that they will earn money by selling fruit jam in future. The training aims to provide skills to the women, so that they can be involved in their own income generation activities.

Women's Health Camp

A two day free women's health camp with special service of cervical cancer screening and visual inspection with acetic acid, VIA was conducted by ACN in coordination with Pokhara Metropolitan, Kaski from 2 - 3 March 2019 in Masina Bagar, Pokhara. A Gynecologist with specialist nurses and ACN staff delivered the services at the camp. 198 women benefited from this camp. Among which 15 were identified with Pelvic inflammation disease 1 with post-menopausal bleeding and 3 with cervical prolapse. Four women were referred to District hospital for further treatment.



Suk Maya Tamang, 44, lives in Masina bagar Pokhara, Kaski. She is very happy with the service provided in Women's health camp. She shared that, she felt pain in lower abdomen, itching, rashes, smelly water discharge from the vagina. She heard about free women's health camp in her community and waited for the health camp day. She came to the health camp and discuss her problems to the doctor. She said " I am very happy to know that there is no serious health issues to me related to breast and uterus and doctor gave me medicine and ointment for my problem and said me to visit health post for follow – up ". She thanked Asal Chhimekee Nepal for conducting free women's health camp and providing the opportunity of treatment.





Two Children Clubs formed

In February, we formed two Children's Clubs in urban slum community in Kaski District. ACN provided orientation on Children Club Activities to the Children Club members and Club mobilization materials. In March, we provided Group management training to Children Clubs and assisted them to form a committee for club mobilization.

Awareness Program on Anti- Human Trafficking

We are working to raise awareness on Anti-Human Trafficking among communities through mobilization of Self-help groups and Children Clubs. This time, we conducted Anti-Human trafficking training among children. 99 Children from 4 different children's clubs participated in the training



Disable Friendly Rehabilitation and Training Centre (DFRTC) Construction Begun in Gorkha

On 15th March 2019, construction of a Disable Friendly Rehabilitation and Training Centre (DFRTC) in Gorkha district was begun with a stone foundation laying ceremony in the presence of the chief guest Vice-Mayor of Gorkha Municipality, Ward Chair, Chairperson of National Blind Association of Nepal and ACN's Board members. Chairperson of Blind Association of Gorkha Mr. Pawan Kumar Basnet said, "This DFRTC building will make it easy to organize training for people with disabilities to help them become more independent and self-reliant".

Namrata Shrestha's Farewell

In March 2019, we organized a farewell for Namrata Shrestha who worked as a paid volunteer in Nawajeevan Treatment and Rehabilitation Centre for female drug and alcohol users since 2017. She was previously a client of Nawajeevan Treatment and Rehabilitation Center. She expressed her joy and gratitude to ACN for all the care, support and opportunities ACN provided during her period in Rehabilitation center and tenure at ACN. She is a great example and inspiration to many females who are struggling with addiction.

We remember her as a strong woman who able to win over her addiction. We were very happy to give farewell to her because she moves a step forward with a new job. We are thankful for her service and best wishes for her future



असल छिमेकी नेपाल
ASAL CHHIMEKEE NEPAL

PO Box 263, Pokhara, Nepal
Phone: 977 61-534159, +977 61-525516

info.acn@org.np
www.acn.org.np

